



Jessica Valarezo

#12

Plays: Defender/Midfielder
Town: Arlington
School: HB Woodlawn
Class of 2012/GPA 4.0

Club Soccer: Arlington Intensity Red, Co-Captain 2010

High School Soccer: Wakefield Varsity, 2nd District Team, 2009

Academics: AP scholar, National Honor Society,

2009-2010

rediovevalarezo12@gmail.com



Dana Warnecke

#7

Plays: Goalkeeper/Forward
Town: Arlington
School: Yorktown High School
Class of 2012

Club Soccer: Arlington Intensity Red, Arlington travel soccer for 8 years

High School Soccer: Varsity, 2009-2010

Academic: VHSL Academic Excellence Award, 2009-2010

dana.warnecke@yahoo.com



Anna Wissler

#8

Plays: Midfielder/Defender
Town: Alexandria
School: Bishop Ireton High School
Class of 2012/GPA 4.0

Club Soccer: 1 year Arlington Intensity Red; Coastal Plains All-Conference 2009-2010; North Carolina All-State 2010; North Carolina All-State Honorable Mention 2009; North Carolina All-State, 2010; Matt

Helms Memorial Shootout Winner, 2009; Capital Fall Classic Finalist, 2008; Powerade State Games Finalist, 2010; 12th leading scorer in Area, 2009; 6th leading scorer in the area, 2010

High School Soccer: Varsity 2009-2010, Team captain, 2009-2010, MVP 2010

Academic: NHS, 2009-2010; Principal's List 2009-2010

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AIR

ARLINGTON INTENSITY RED U17 G/2010-2011

Virginia #16

Region #132

National #477

Gotsoccer.com Rankings 11/09/10

Virginia #18

Region #64

National #302

Soccerincollege.com Rankings 11/09/10

Fall 2010 Schedule

2010 State Cup/Round One

Intensity Red vs. Herndon Magic, (7-0)

2010 State Cup/Round Two

Intensity Red vs. Vista Omni (#5), (5-0)

Select Tournament Plans 2010-2011

Virginia Legacy's College Showcase

11/20-11/21/2010

The Rush Cup on the Coast

03/12-03/13/2011

The Virginian Tournament

05/28-05/30/2011

Fall 2010 Highlights

August Cup Tournament Champions U19

WAGS Fall League Champions U17

2009-2010 Highlights

Virginia Rush Spring Champions U16

WAGS Fall League Champions U16

August Cup Tournament Finalist U17

ARLINGTON INTENSITY RED U17 G/2010-2011

AIR



Coach: John McAuley

703-894-8844

aspmsscjm@yahoo.com

Assistant Coach: Jack McAuley

mcaulejp@gmail.com

Assistant Coach: Walid Amer

Team Managers:

Nancy Hunt 703-615-5590

NancyLSHunt@aol.com

Doug Warnecke 202-360-9354

warnecke@mitre.org

Team Web Site:

http://www.atsc-va.org/Teams/intensityred/index_html



Helen Amend #5

Plays: Defender/Midfielder
Town: Arlington
School: Washington & Lee
Class of 2012/GPA 4.21

Club Soccer: 2 years Arlington Intensity Red
High School Soccer: JV, 2010
Other: Varsity Cross Country
Academic: Honor Roll, 2009-2010; Debate Team; Community Action; Environmental Club; 3rd place Science Fair

helen.amend@hotmail.com



Caitlyn Denkler #11

Plays: Midfielder/Defender
Town: Arlington
School: Yorktown High School
Class of 2011/GPA 3.5

Club Soccer: 9 years Arlington Intensity Red
High School Soccer: Varsity 2010; Varsity letterman, 2009; JV District Champions, 2008-2009, Team Captain, 2009

Other: Varsity Cross Country 2008-2010, Girls team 2nd Place in National District Cross Championship; Varsity Indoor Track, 2008-2009, National District Championship, 2009, Northern Virginia Regional Championship participant

Academic: Northern Region Athletic Honor Roll, 2008-2010; Virginia High School League Academic Excellence Award, 2008-2010; National Scholastic Art Awards, Honorable Mention, 2010; Science Fair, Honorable Mention, 2008

cdenkler@verizon.net



Paula Jimenez #17

Plays: Midfielder/Defender
Town: Arlington
School: Washington & Lee
Class of 2012/GPA 3.75

Club Soccer: Arlington Intensity Red
High School Soccer: JV, 2009-2010
Academic: Science Fair, 2nd place, 2009; French Club, 2009-2010; W&L Color guard, 2009-2010



Rachel Morrison #3

Plays: Midfielder/Defender
Town: Arlington, VA
School: Yorktown High School
Class of 2012/GPA 3.6

Club Soccer: 3 years Arlington Intensity Red
High School Soccer: JV, 2009-2010
Other: JV Basketball, 2009-2010
Academic: Latin award

rachelmorry@verizon.net



Isabel Arnold #28

Plays: Forward/Midfielder
Town: Arlington
School: Yorktown High School
Class of 2012/GPA 4.0

Club Soccer: 2 years Arlington Intensity Red; Arlington Explosion White, 2006-2009; Arlington Summer League 2010
High School Soccer: Varsity Letterman, 2010; JV, 2009-2010, Team Captain 2010

Other: Varsity Field Hockey, 2010; JV Field Hockey, 2009; Indoor & Outdoor Track District Champion, 2009-2010; participated in Northern Virginia Indoor and Outdoor Regional Championships
Academic: Northern Region Athletic Honor Roll, 2009-2010; VHSL Academic Excellence Award, 2009-2010

smile_means_happy@yahoo.com



Susan Ferguson #20

Plays: Forward/Midfielder
Town: Arlington
School: Washington & Lee
Class of 2012/GPA 3.6

Club Soccer: 7 years Arlington Intensity Red; Region 1 District ODP, 2008; Arlington Summer League, 2010

High School Soccer: Varsity Letterman, 2010; JV, 2009-2010, Team Captain 2009

Other: JV Basketball, 2009-2010

Academics: Honor Roll, 2008-2010; AP/IB classes

susan.ferguson20@gmail.com



Mallory Johnson #2

Plays: Defender
Town: Fairfax
School: Fairfax High School
Class of 2012/GPA 3.5

Club Soccer: 3 years Arlington Intensity Red
High School Soccer: JV, 2009
Other: Varsity Track and Field Letterman, discus & shot put, Districts 2010

Academic: Honor Roll 2008-2010, Tri-Music honor society, Marching Band 2008-2010, Honor Band 2009-2010

maljohn8soc@verizon.net



Emily Mosher #9

Plays: Forward/Midfielder
Town: Arlington
School: Yorktown High School
Class of 2012/GPA 4.05

Club Soccer: 1 year Arlington Intensity Red; Arlington Intensity Blue, 2004-2010, Captain 2006-10

High School Soccer: JV, 2009
Other: Varsity Field Hockey 2010; JV Field Hockey, 2008-2009

Academic: Honor Roll; French Honors, 2008-2010; National Junior Honor Society; Best Buddies Member

emilymosher@gmail.com



Jackie Beckwith #27

Plays: Goalkeeper
Town: Alexandria
School: West Potomac High School
Class of 2012/GPA: 4.2

Club Soccer: 3 years Arlington Intensity Red; 2 years McLean Freedom; 3 years LMVSA Patriots
High School Soccer: Starting goalkeeper, JV 2009; injured Feb 2010
Other: Starting center and team captain, JV

basketball, 2008-2009

Academic: National Honor Society; Virginia Science Fair District finalist, 2010; Symphonic Winds-First Chair alto saxophone, 2010; Virginia District Band-First Chair, 2010; Blues Alley Youth Orchestra, 2010-2011

jackie@beckwith.org



Miranda "MJ" Foster #6

Plays: Defender
Town: Falls Church
School: Bishop Ireton
Class of 2012/GPA 3.85

Club Soccer: 2 years Arlington Intensity Red
High School Soccer: Varsity, 2009-2010; JV, 2008

Other: JV Lacrosse, 2010

Academic: Honor Roll, 2008-2010

fostrerm@bishpireton.org



Arami McCloskey #15

Plays: Forward/Midfielder
Town: Arlington
School: Wakefield High School
Class of 2012

Club Soccer: 2 years Arlington Intensity Red
High School Soccer: Varsity, 2009-2010, Honorable Mention All-District, 2009-2010

Academic: All District Choir; roles in High School Musical and Godspell

aramimccloskey@hotmail.com



Hayes O'Conner #19

Plays: Defender
Town: Arlington, Virginia
School: Georgetown Visitation Preparatory School, Washington DC
Class of 2011/GPA: 3.94

Club Soccer: 2 years Arlington Intensity Red; Arlington Travel Soccer 8 years
High School Soccer: Varsity, 2009-2010; JV, 2008; ISL league champions, 2009-2010

Academic: French Honors Society; top 5 % on national French exam; Cloriviere society (top 20% of class); Top 10 GPA freshman year

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Sam Brothers #4

Plays: Defender
Town: Arlington
School: Washington & Lee
Class of 2010

Club Soccer: 8 years Arlington Intensity Red; NOVA Majestics SYL 2007; Arlington Summer League 2010

High School Soccer: Varsity District Champions 2010; JV, 2009

Other: Varsity Field Hockey 2008-2010; President/Co-Founder of CAC at Washington & Lee HS

Academic: Northern Region Athletic Honor Roll, 2009-2010; VHSL Academic Excellence Award, 2009-2010; AP/IB classes

sammie.brothers@gmail.com



Melissa Hunt #1

Plays: Midfielder/Forward
Town: Arlington
School: Yorktown High School
Class of 2012/GPA 3.875

Club Soccer: Intensity Red Team Co-Captain, 2007-2010; NOVA Majestics SYL, 2009-2010; District ODP, 2008-2010; State ODP, 2008-2009; Region 1 ID Camp, 2008; ODP International Team, 2008; DC United SYL, 2007

High School Soccer: Varsity Letterman, 2009-2010; All Districts Champions, 2009

Other: Varsity Field Hockey, 2008-2010, All District Honorable Mention; JV Basketball, Co-captain 2010, Freshman Basketball 2009, Co-Captain

Academics: VHSL Academic Excellence Award, 2009-2010, Northern Region Athletic Honor Roll, 2009-2010; AP classes, Rep on Travel Soccer committee 2009-2010

mehsoccerstar@aol.com



Raleigh Mills #14

Plays: Midfield/Forward
Town: Arlington
School: Washington & Lee
Class of 2012/GPS 3.9

Club Soccer: Arlington Intensity Red Co-Captain, 2007-2010; NOVA Majestics SYL

High School Soccer: Varsity, Northern District Champions, All District Team Honorable Mention, 2010; JV, 2009

Other: Varsity Field Hockey, 2009-2010, All District Field Hockey Team-Honorable Mention, 2009; JV

Basketball, 2008-2009; Tri Athlete Award

Academic: Honor Roll; National Honor Society

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Melanie Parr #21

Plays: Midfield/Forward
Town: Ashburn
School: Broad Run High School
Class of 2012/GPA 3.9

Club Soccer: 3 years Arlington Intensity Red; NOVA Majestics SYL, 2009-2010 with most assists for the 2009 season

High School Soccer: JV, 2009-2010, Team Captain 2010

Other: Certified referee and long distance runner

Academic: Honor Roll, Physical Education Student of Year, Honor and AP classes; Key Club; French Club; All County Choir

mell10@comcast.net